

# D O M A Y N E

DOMAYNE.COM.AU





\$2698

## 'LAINE' 5-PIECE FABRIC CORNER MODULAR

 $(W325 \times H88 \times D105-325cm)$ 

Modular consists of:

- 2x I-Arm Single Piece 2x Armless Piece
  - Ix Corner Piece

Upholstered in Zepel 'New York' fabric.

Available in Licorice or Snow.

EXCLUSIVE TO D O M A Y N E\*



\$1279

## 'ALVA' RECTANGULAR EXTENSION DINING TABLE

 $(W160-240 \times H75 \times D90cm)$ 

Also available: 'Alva' Dining Chair \$219ea. Available in Black, White or Navy.



## 'ALVA' RANGE

A. COFFEE TABLE (W120 x H45 x D70cm)

**B. LAMP TABLE** (W60 x H50 x D60cm)

**C. BUFFET** (W180 x H87 x D45cm)

EXCLUSIVE TO D O M A Y N E°



'LOLA' QUEEN BED FRAME

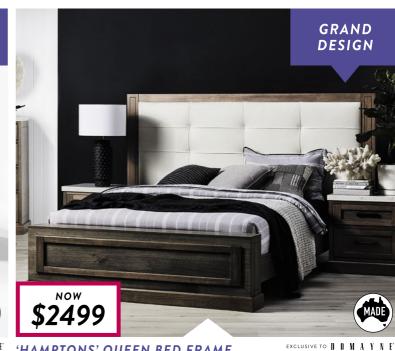
· Mountain Ash veneer

\$1599



'HARLOW' QUEEN FABRIC BED FRAME

Upholstered in Warwick 'Chambray' fabric. Available in a range of colours and timber stains.



'TRENTHAM' QUEEN FABRIC BED FRAME

· Winged and buttoned bedhead Upholstered in Zepel 'Warlock' fabric. Available in a range of colours.

## 'HAMPTONS' QUEEN BED FRAME WITH LEATHER INSERT

· Crafted from Victorian Ash and Tasmanian Oak veneer

## FORTITUDE VALLEY, BRISBANE

**AMAZING** 

DEAL

Level 1, Homemaker The Valley, 1058 Ann St. 3620 6600 (Free underground parking)

Domayne® stores are operated by independent franchisees. Ends 30/06/19. Mattress, bed linen and accessories shown are optional extras. Not to be used in conjunction with any other offer. ^Prices may vary due to customisation.





GRAND

DESIGN



#### **PRODUCTION**

SENIOR DESIGNER Sophie Benstead

James Street.

SENIOR DESIGNER Katrina James

Moreton Island.

**PHOTOGRAPHER** 

Corrina Louise Eagle Street Pier.

#### **CONTENT MARKETING**

TEAM LEADER + **JOURNALIST** Courtney Frank

Felons Brewing Co. **JOURNALIST** 

Jasmine Rolfe New Farm Park.

**EDITORIAL COORDINATOR** Max Heaton

Mt Coot-tha.

**EDITORIAL ASSISTANT** Bethan Warrior Brisbane Flower Market.

**ADVERTISING** 

### KEY ACCOUNT MANAGER

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## KEY ACCOUNT MANAGER

Emily Attridge 0432 745 428 Sunnybank.

## ACCOUNT MANAGER

Chloe Lloyd 0423 880 285 Hellenika At The Calile.

#### SALES ADMIN

Rhonda Baker International Airport.

### **OPERATIONS**

## DISTRIBUTION

Bruce Thurtell Manly Marina.

A year of luxury Your chance to win an exclusive spa membership.

ON THE COVER Photography: StyleShoots Live Machine, Corrina Louise; Styling: Style Media, Vera Haddock, Hair and Makeup: Kelly Vaughan and Mikaela Alderton from Stefan Squad; Location: Vera's Studio West End; Cover talent: Vera Haddock, Vera wears Zimmermann Zippy Billow Dress \$1,950, Zimmermann Double Buckle Suiting Belt \$110. (Vera's own). Model wears Vestire Say My Name Blazer \$279.95, Vestire Say My Name Cropped Pant \$199.95, available from David Jones QueensPlaza.

JULY DEADLINE Monday June 17 2019 CONTACT US: P 3356 4100 E info@stylemagazines.com.au PO Box 31, Wilston 4051 stylemagazines.com.au

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f you are dreaming of indulging in the most decadent and comforting spa treatments, we've got exciting news for you. To celebrate 25 devoted years in business, we're giving one lucky reader the chance to win an exclusive Spa Membership for Stephanies Luxury Spas. Known as one of Brisbane's most loved spas, Stephanies Luxury Spas is committed to customer service excellence.

For serious spa lovers who deserve frequent spa nurturing, Stephanies treasured Spa Memberships can be enjoyed in any of their luxury spa locations for an entire year. Your spa journey is pre-paid for the year, and is transferable between each of Stephanies' five beautiful spa locations, so

all you need to worry about is relaxing. You will find Stephanies Spas located in Sofitel Brisbane Central, Bulimba, Mercure Clear Mountain Lodge, Cleveland and Peppers Noosa Resort and Villas, with each offering unique treatments and tranquil experiences like no other.

Stephanies' Spa Membership program makes for the ultimate gift of memorable spa moments, and it's true that you never forget a treatment at Stephanies. Luxuriate with massages, bespoke skin treatments, spa rituals, as well as steam and water therapies that will leave you feeling transformed. Your Spa Membership entitles you to book any service from Stephanies' current full priced menu.

## PRIZE BREAKDOWN:

• 1 x Spa Membership to Stephanies Luxury Spas valued at \$1,500

## **TOTAL VALUE: \$1,500**

- Spa Membership to be used within one year
- Spa Memberships can be placed on hold for up to three months
- Cannot be used with any other spa pass or offers
- Cannot be used to purchase spa gift cards
- Bonus points cannot be used to purchase spa gift cards
- Stephanies cancellation policy applies or no show policy on any bookings made
- Spa Memberships can only be redeemed for beauty and spa services for the membership holder
- Memberships are not transferable to another person/people or redeemable for cash
- Memberships exclude spa cuisine or third party services to Stephanies Luxury Spas.

TO ENTER COMPETITIONS: Visit stylemagazines.com.au, click on the WIN tab, choose the prize you want to win and enter your details.



## Brisbane Staycation from \$119\*

Explore Brisbane's dynamic CBD with a weekend getaway to The Westin Brisbane or Four Points by Sheraton Brisbane. Stay now and experience overnight accommodation, valet parking, buffet breakfast for 2, and 10% off Heavenly Spa by Westin™.

PARK, REST AND RISE AT THE WESTIN BRISBANE STAY, PARK AND PLAY AT FOUR POINTS BY SHERATON BRISBANE

from \$245/night
QUOTE ZZI TO REDEEM THIS PACKAGE

**THE WESTIN** 

from \$119/night

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Brisbane

To book, call **07.3557.8866** or email **Reservations.Brisbane@westinhotels.com**The Westin Brisbane, 111 Mary Street, Brisbane City | Four Points by Sheraton Brisbane, 99 Mary Street, Brisbane City

# EDITOR'S NOTE

Our staff photographer, Corrina, said an interesting thing the other day (albeit with a nervous laugh), "I feel like I'm photographing the redundancy of my job."

What Corrina was referring to was this months cover shoot, which was shot on cutting edge technology, *without* a photographer. Well, technically Corrina did push the button to capture the shots, but anyone could have done it. No offence Corrina, but that is how simple and easy it is to operate this fully automated photo and video machine – a simple click of an iPad button.

Now, before all the photographers out there go into melt down, this particular technology can't replace having a photographer on location. And of course, it certainly helps to have a professional photographer's 'eye' and ability to direct. But, in this fast-paced digital world where you adapt or die, (we know this better than anyone) it was really only a matter of time before we saw the next change-up in the photography and video space.

Vera Haddock is the vivacious local entrepreneur who has brought the StyleShoots Live Machine to Brisbane, and this month, she agreed to be on our cover to illustrate the quality of the shots and the simplicity of the technology to operate. The Style Media team went along to see first hand how this intelligent technology works and our insights and interview with Vera are on pages 15-17.

This month's HOMEGROWN issue includes many creative Brisbanites, proving that sure,



technology is going to evolve, but sheer talent will never be replaced.





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## YOUR FREE DOWNLOADABLE GIFT!

We can't get enough of these talented sisters, so they drew us a bonus downloadable

greeting card and fashion illustrated June calendar. Download your very own at stylemagazines.com.au and start your fresh new month in style.

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# Sibling Spotlight

When we heard (read: saw it on the 'gram) about two sisters in Brisbane creating mind blowing fashion illustrations for exclusive live events and running a unique greeting card business, we had to find out more. Meet fashion illustrator, Kaili Saba, and graphic designer of The Cardy Club, Natasha Carty.

What was the moment you knew you wanted a career in graphic design/illustration? Kaili: After my husband and I travelled to Europe last year, I felt really inspired. I decided to leave my interior design course and pursue my love of illustration. I started posting my fashion illustrations online, and it's all grown from there!

**Natasha:** I was studying Photography when one Christmas I decided that I would hand draw individual Christmas cards for my family members. I loved it so much that I switched from studying Photography to Graphic Design.

Who or what inspires you? Kaili: Anyone who is hard working, genuine and positive, carving out time to pursue their passions and dreams in whatever field or capacity.

Natasha: Dallas Clayton, Michael Leunig, Music, Art books and galleries and Travel.

a family business and you're head of a family of five, what's your secret to keeping your creative ideas flowing? I love looking to Instagram or Pinterest for ideas. If there is an event like the Met Gala

Kaili, you juggle your own business,

on, I'll often find a beautiful fashion look or photograph that will spark a creative idea. *Natasba, what's it like running your own greeting card business with your musician busband Jack Carty and with a baby on the way?* I feel incredibly fortunate because it's bloody great. Jack and I have been together for six years and for that time we've both mostly worked for ourselves. This has meant that we've spent a lot of time at home together with our "work hats" on. It's always been a good dynamic and we've naturally ended up becoming each other's biggest cheer leaders.

What are you obsessed with/bingeing right now? Kaili: I binge true crime daily such as Outlander, Invisibilia and Casefile. I'll often be drawing beautiful fashion inspired images whilst listening to true crime and murder mysteries.

**Natasha:** My favourite podcasts right now are This Is Love, 99% Invisible, Everything Is Alive, This American Life and BBC's The Enquiry. *Favourite pun?* **Kaili:** I don't complain, I just wine.

Natasha: The cheesier the brie-ter. (I just

made that up! It's some of my best work!) *Career bigblights so far?* Kaili: I just drew for Westfield as part of their Mother's Day campaign, and it was such a beautiful event; I loved getting to meet and draw the special women in peoples' lives.

Natasha: Winning the "Emotive Design" category of this year's Paper Awards at Top Drawer in London. I had visited the year before as a guest before even starting The Cardy Club and was totally inspired (and intimidated) by the calibre of work. Winning an award one year later was mind blowing.

## Advice for other creatives wanting to start something of their own?

**Kaili:** just go for it! Don't wait for the perfect idea or business plan, or until you've got more experience, or the right qualification; just start sharing your creative work with the world. You never know where it will lead! **Natasha:** Don't focus on the end goal, that will just paralyse you. Instead just focus on the first step. That will naturally lead you to the next step, and then ext step, and the next. Before you know it, you'll barely recognise yourself.

# STYLE diary



# WORLD FISH 'N' CHIP DAY

Celebrate the iconic yet humble fish and chips at Kangaroo Point's One Fish Two Fish for a three-day festival of delicious, deep-fried dining! Enjoy battered cod, finger sandwiches and grilled bao buns. one fishtwofish.com.au



## NEW'BARK'ET DOG FESTIVAL

Newmarket Village's dedicated pooch festival is back! With a dog parade, canine circus, psychic pet readings and Insta-famous doggo guests. Plus, crowd favourites Pablo & Co and L'Barkery. newmarket-village.com.au

# GLUTEN FREE FOOD EXPO

Presented by Coeliac Australia and running from 9am-4pm daily, the event is an annual celebration of Australia's best gluten free food producers! Tickets available on the door and at glutenfreeexpo.com.au/brisbane



## TATTERSALL'S TIARA RACE DAY

Tattersall's Tiara Race Day is returning to Eagle Farm Racecourse and let's just say, it will be going off with a bang! Keep this eventful Saturday free because this is when all the nonstop action will be taking place. tattersallsclub.com.au





## **MELT FESTIVAL**

The Festival of Queer Arts and Culture at Brisbane Powerhouse is sure to add a touch of sparkle to your winter! With almost 35 productions, exhibitions and events, MELT is a celebration of love, pride, humour, humanity and acceptance. brisbanepowerhouse.org



# THE VILLAGE MARKETS

Join us at the original fashion and creative lifestyle markets. The Stones Corner market will take place this month with boutique finds, street food eats, live music, workshops and an all round fantastic atmosphere. the villagemarkets.co



homemakerthevalley.com.au

Homemaker

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# BRISBANE'S MOST —ICONIC VIEW—

Number 1 for French Cuisine ...

ROMANTIC DINNER, WEDDINGS, CORPORATE LUNCHES & FUNCTIONS



OPEN 7 NIGHTS 1/501 QUEEN ST, BRISBANE 3831 1400 La Vue Waterfront Restaurant

# WE LOVE



Cocoa, cacao, call it what you like but the raw chocolate tones are back! Inspired by a 90's magazine fashion edit, the warm colour is like a warm hug or a big cup of coffee.



3.

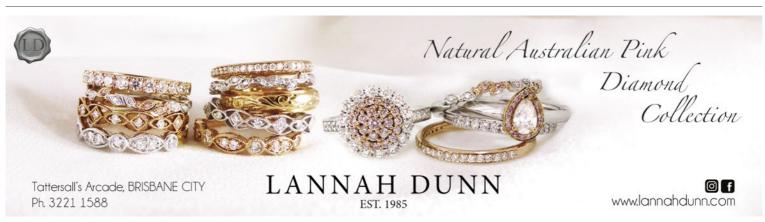
1. LMS The Brand The Alexandra boot \$300 2. The Undone Bec & Bridge x Pared Petite Amour sunglasses \$250 3. Viktoria & Woods Stockholm knit \$350 4. Zimmermann Zippy Safari pants \$495



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5. Alexa Chung Perfect wedge POA 6. Staud Nic croc-effect leather tote POA 7. The Undone Albus Lumen Nada blazer \$650 8. Billy Bones Club Brown Sugar fedora \$89.95 9. The Daily Edited Wrap iPhone X / XS case \$84.95



# TAKE (A Fragrant) NOTE

Style's Editor, Tracy Sinclair, enjoyed a fascinating perfume masterclass and found her new favourite fragrance.

Recently, I attended a Perfume Indulgence Masterclass at the Parisian-inspired, Libertine Parfumerie. It's an elegant boutique with rows of luxurious bottles lining the walls, just off James Street, although it would be perfectly at home on the streets of Saint-Germain-des-Prés.

We're welcomed with a glass of champagne by boutique Manager Gai and Michael Marzano, National Educator for Libertine, as we took our places at a table. There was a printed fragrance wheel at each setting (which segments perfume by type), developed by acclaimed fragrance author, Michael Edwards. You will have heard of RAG No. OF STATE OF S

woody, oriental, floral, green – this is how fragrance is categorised. Once you get to know your favourite type, it makes it easy to hone in on perfumes you might like. But today it's about having an open mind, and trying all the notes. The masterclass is a history lesson of fragrances and the opportunity to explore new scents.

We're all in awe of Michael's knowledge of each perfume, "Grace Kelly wore Gin Fizz by Lubin which was named for the popular drink of the day ... Fragrances don't change, our bodies change. So, if your perfume smells different, that's why – so try something new,"

he explains.

The masterclasses are an hour long and are perfect for a small group of friends, colleagues or clients. They take bookings of 8-10 guests and the cost is \$49 per person, which is redeemable on perfume purchases over \$199, on the day of the class.

LIBERTINE PERFUMERY
181 ROBERTSON ST, NEW FARM
P 3216 0122 LIBERTINEPARFUMERIE.COM.AU



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# Photos QQOCC

2:3 height 185cm

The future of photographing e-commerce fashion is here.

FASHION

Véstire Say My Name blazer \$279.95, Véstire Say My Name cropped pant \$199.95





ere at Style, we've never really been one to play by the rules.
We embrace change and love to be ahead of the pack

– who doesn't? And, when it comes to technological advances, there's nothing that peaks our interest more than a super-sized photography machine that's controlled and operated by an iPad.

These days you can make purchases using your iPhone, have your parcels dropped at your front door by a drone and complete a reverse parallel park without even touching the steering wheel. But, until we met Vera Haddock (featured on this month's front cover), we didn't think it was possible to take photography and videography to another level. Enter: the StyleShoots Live Machine.

When we met Vera and her larger-than-life StyleShoots technology, we were completely blown away. She wasn't just breaking the rules, she was redefining them. As if the sheer size and scale of the technology wasn't enough to knock us off our feet, Vera's passion and intricate eye-for-detail when it came to photography and video certainly was. To say that she's revolutionising the visual space in Brisbane, would simply be an understatement. She's making waves (and big ones at that).

Located in the vibrant West Village, the

jewel in Vera's hypothetical crown is the StyleShoots Live Machine, an intelligent system that has been created for speed and efficient photo and video production. Put simply, it's one camera, one stage and two immediate outcomes – both high quality videos and captivating stills.

However, Vera's passion for photography and fashion started at a much younger age. "During my childhood, I was always dressing up, applying makeup and trying to copy the elegant look of models in magazines," Vera explains. "My father was a keen photographer and I loved following him around as he captured shots of my friends and family. This gradually evolved into my passion for fashion and photography."

As creatives, we can imagine that there must be something liberating about shooting with such advanced technology and not having to worry about lenses, tripods, lighting, reflectors, etc. Vera says, "technological innovations such as StyleShoots are shaping the future of commerce. Digital marketing channels continue to evolve and products must always be adapted. So, I opened my video and photo studio to simplify, streamline and automate this process."

Imagine you're an e-commerce brand that needs to shoot beautiful, detailed images of your products. Or perhaps you need to showcase clothing on a model, without having to use a bulky and cumbersome mannequin. StyleShoots does all of this for you with the simple click of an (iPad generated) button.

"We offer a do-it-yourself service where the machine belongs to you. The equipment is user-friendly – you can select your lighting, focus, depth, etc. all with a simple swipe or tap on the iPad," says Vera.

"You simply just have to turn up, turn on the iPad and you're instantly ready to shoot. It's the fastest way to shoot fashion for e-commerce and the only equipment of its kind in the world."

The StyleShoots system is loved by high-profile brands around the world such as Nike and Forever 21. And now, thanks to Vera Haddock, this revolutionary technology is right at the fingertips of Brisbane creatives. Vera herself sums it up beautifully – "Creating brilliant content for social media platforms, websites, print and in-store advertising has never been so simple."



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# Gem In The Making

Fiona Williams experiences the newly launched Lannah Dunn Fine Jewellery Workshop

arking its 34th year and four generations, Lannah Dunn Fine Jewellery celebrates with the launch of South East Queensland's only specialist vintage and antique jewellery workshop.

"We are experiencing overwhelming demand for restoration and recreation of our customer's pieces of yesteryear," says Lannah. "Many customers have a sentimental and now environmental desire to re-purpose existing jewels and valuable gemstones."

The Royal Family have refashioned tiaras and decadent jewellery for generations, with Kate Middleton wearing an updated version of Princess Diana's engagement ring. "Our team of gemmologists and diamond graders at the workshop know and respect what they handle and offer workmanship of a premium standard."

With a vast collection of rare, one-of-akind and pristine antique pieces available for sale, this has been Lannah's passion and the essence of the business since inception.

GIA LANNAH DUNN

Her reputation has seen multi-generational customers, international repeat customers and an extended list of requests to exhibit at Antique Jewellery Exhibitions across the country and globe. It was only a natural progression to offer this exclusive service and expertise to customers seeking authentic, state-of-the-art work.

"Every aspect of repair and design is refined by our artisan jewellers who combine handcraftsmanship and traditional time-honoured techniques with innovative technology," says Lannah. "Our many decades of traveling the world to attend international jewellery forums, design workshops, international jewellery fairs and gemstone exhibitions keep us up to date with what is happening on the world stage."

For those of you who know what you would

like but just can't seem to find it, the Lannah Dunn Fine Jewellery workshop can help create your piece. With a thorough understanding of jewellery design and techniques, the specialist team at Lannah Dunn Fine Jewellery advise and facilitate the creation of heirloom-quality jewels and engagement rings direct from the workshop. "Confidence and trust will always be our continued driving force for demanding perfection in all we offer," says Lannah.

LANNAH DUNN FINE JEWELLERY TATTERSALL'S ARCADE SHOP 7B 215 QUEEN STREET P 3221 1588 LANNAHDUNN.COM



atrina and Scott met as they were both graduating from university in 2012, in Wollongong, NSW. After being together for four years, relocating to Brisbane with their two fur babies, Scott turned a birthday surprise into a proposal, as he got down on one knee, in front of the water at Ocean View Winery. Bringing their love story back to where it started, the couple wed in Wollongong in February of 2018.

## KATRINA & SCOTT'S WEDDING DAY

28.02.2018

### The Dress

Essence of Australia.

## The Rings

Underwood Fine Jewellers, North Lakes.

### The Photographer

Sarah Kennedy Photography.

### Flowers & Styling

Be Designed.

#### The Hair

Caroline Lysandrou Hair.

## The Makeup

VDJ Makeup.

## Favourite Moment

Walking down the aisle, everyone melted away when we saw each other.

#### The Catering

Level One, Harbourfront Restaurant – our favourite!

## The Music

Blessie Pica.

## The Signage

Created by Katrina herself.

















# ONLINE

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# STYLE

MAGAZINES.COM.AU

## *Fuel your* inspiration

Get your digital dose of where to wine and dine, what to wear and all things happening in Brisbane.



Stay up to date with all of the latest restaurant and bar openings around our beautiful city.



We've scouted the new distillery to check out on your next southern road trip.



## **CORE ENGAGED**

Channel your inner Pip Edwards with an epic class at one of Brisbane's best Pilates studios.



## **STREET STYLE**

Check out these candid captures of some Brisbane fashion enthusiasts in their element!

HERE'S THE SCOOP Looking for a sweet treat? We've found the best ice cream spots in town!

> FACEBOOK/STYLEMEDIABRISBANE INSTAGRAM @STYLE.MEDIA\_



AMANDA CURTIS



# Brilliantly Bespoke

When it comes to selecting jewellery, you always hope to have an intimate and personal experience. Luckily, family owned and operated Robert White Jewellers know exactly how to bring their customers' dreams to life.

or this local Brisbane based jeweller, handcrafting jewellery goes back to when founder, Robert White, began in the industry at the age of 15. After 55 years building his craftsmanship and 45 years building his own business, the profound passion of the craft has now been passed on to his children, James and Hannah White.

"We like to offer each of our customers a very personal experience, from start to finish. We design pieces, select the stones specifically for our customers' needs and wants, and create a custom-made jewellery item," says Robert White Jewellers Diamond Grader Hannah White.

Specialising in all areas from pendants to pearls, diamonds to cuff links and bracelets to earrings, Robert White Jewellers' main area of expertise is curating the perfect engagement ring. "We can custom make anything our clients desire. We love working with all types of treasured projects and have a truly beautiful range of Australian Argyle Pink diamonds, precious colour stones and pearls." says Hannah.

Whether it's a small repair or a milestone purchase, the experienced team at Robert White Jewellers is here to help with every and any occasion, offering the best service and quality.

ROBERT WHITE JEWELLERS
P 3221 5948 ROBERTWHITEJEWELLERS.COM.AU





ROBERT WHITE TO JEWELLERS

SHOP 11 BRISBANE ARCADE 160 QUEEN ST P 3221 5948 ROBERTWHITEJEWELLERS.COM.AU

## 1. BOOK A XXXX BREWERY TOUR

Go on a XXXX Brewery Tour and finish up with a beer tasting session and delicious beer tapas matching plate.

XXXX BREWERY TOURS & ALEHOUSE CNR BLACK & PATEN STREETS, MILTON P 3361 7597 XXXX.COM.AU

# **2.** DISCOVER DFO BRISBANE

Grab a deal at Brisbane's biggest outlet shopping destination with over 140 shops at DFO Brisbane, right next to the airport.

DFO BRISBANE 18TH AVENUE, SKYGATE, BRISBANE AIRPORT P 3305 9250 DFO.COM.AU/BRISBANE

## **3.** SPEND A DAY AT THE RACES

Giddy up! Grab your friends and head to Brisbane Racing Club for an exciting and dapper day at the races.

BRISBANE RACING CLUB DOOMBEN 75 HAMPDEN STREET ASCOT EAGLE FARM 230 LANCASTER ROAD ASCOT P 3268 2171 RRC COM AU

## 4. KAYAK TOURS

See the Brisbane River from a truly unique angle by jumping in a kayak and going on an adventure.

KANGAROO POINT CLIFFS DRIVE RIVERLIFE.COM.AU

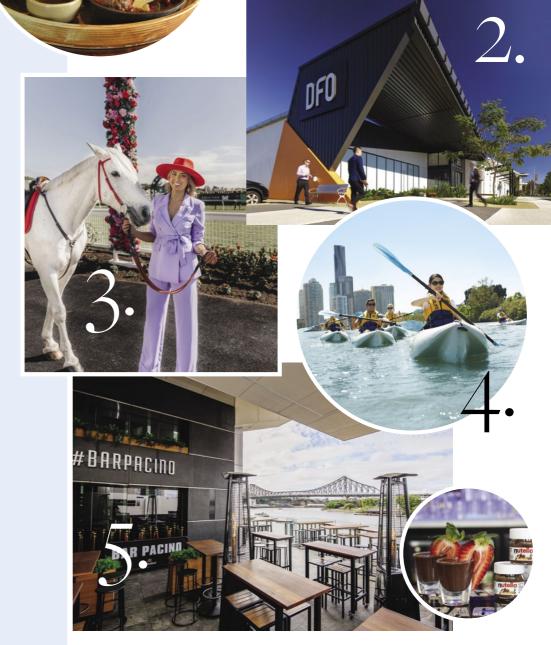
## 5. BAR PACINO

Throw a function riverside at Bar Pacino and have a sweet celebration with their world-famous Nutella Shots.

BAR PACINO
175 EAGLE STREET, BRISBANE
P 3221 2397 BELLEZZAGROUP.COM.AU/BAR-PACINO



To celebrate our Homegrown edition we've found all the 'must-do Brisbane' things to tick off your list!



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8.



# **6.** FUN STARTS AT VICTORIA PARK

Discover fun at Brisbane's best lifestyle precinct. Enjoy a round of Putt Putt, a special event, or alfresco dining at Victoria Park.

VICTORIA PARK HERSTON ROAD, BRISBANE P 3252 0666 VICTORIAPARK.COM.AU

## 7. ICONIC WAFFLES AT LADY MARMALADE

No visit to Brisbane is complete without trying the delicious flavours of the house-made duck or gringo waffles from this vintage-chic eatery.

LADY MARMALADE CAFE 269 LOGAN ROAD, STONES CORNER P 3324 2480 LADYMCAFE.COM

## 8. DINE AT DARLING & CO

Head to Paddington's favourite destination – the perfect restaurant and bar fit for any occasion; for a seriously good time, Darling!

DARLING & CO 157 GIVEN TERRACE, PADDINGTON P 3051 7666 DARLINGPADDINGTON.COM.AU

## 9. VISIT CALIFORNIA, WINN AND BAKERY LANES

The Lanes Fortitude Valley are nestled between some of Brisbane's most historic buildings. They are filled with delicious eats, local retailers and award-winning bars.

THE LANES FORTITUDE VALLEY
FORTITUDE VALLEY
THELANESFORTITUDEVALLEY.COM.AU

## **10.** FIASCO'S STEAKHOUSE AT THE MORRISON HOTEL

Mouthwatering steaks are cooked to perfection at this contemporary nofuss full-service steakhouse – living up to the reputation of 'Brisbane's Best Steaks'.

THE MORRISON HOTEL 640 STANLEY STREET, WOOLLONGABBA P 3391 1413 MORRISONHOTEL.COM.AU

# **11.** JOIN THE BOVINE CELEBRATION

To celebrate the first birthday of Black Hide by Gambaro at Treasury Brisbane, indulge in the hottest cocktail this June – the limitededition Madame Rouge.

BLACK HIDE BY GAMBARO AT TREASURY BRISBANE 130 WILLIAM ST, BRISBANE CITY P 3306 8888 TREASURYBRISBANE.COM.AU

# **12.** STORY BRIDGE CLIMB

Experience Brisbane's most iconic structure and a unique perspective of the city from the Glass House Mountains to Moreton Bay!

STORY BRIDGE ADVENTURE CLIMB 170 MAIN STREET, KANGAROO POINT STORYBRIDGEADVENTURECLIMB.COM.AU

## 13. MOUNT COOT-THA

A must-see for anyone in Brisbane, with spectacular panoramic views over the CBD and walking tracks through the National Park.

BRISBANE LOOKOUT MT COOT-THA 1012 SIR SAMUEL GRIFFITH DRIVE BRISBANELOOKOUT.COM

# **14.** TAKE A TRIP TO THE THEATRE

In August, Queensland Theatre will bring the beloved Australian novel, Storm Boy, to the stage at QPAC. Family packages available.

QUEENSLAND THEATRE 78 MONTAGUE ROAD, WEST END P 1800 355 528 QUEENSLANDTHEATRE.COM.AU

## **15.** UNWIND AT AQUARIUS

Relax and rejuvenate. Pamper and perspire. Bathe and bliss out. All this at one spa in the CBD. Welcome to Aquarius!

AQUARIUS HEALTH AND MEDISPA LEVEL 2, 70 MARY STREET, BRISBANE CITY P 3009 5111 AQUARIUSHEALTHMEDISPA.COM.AU

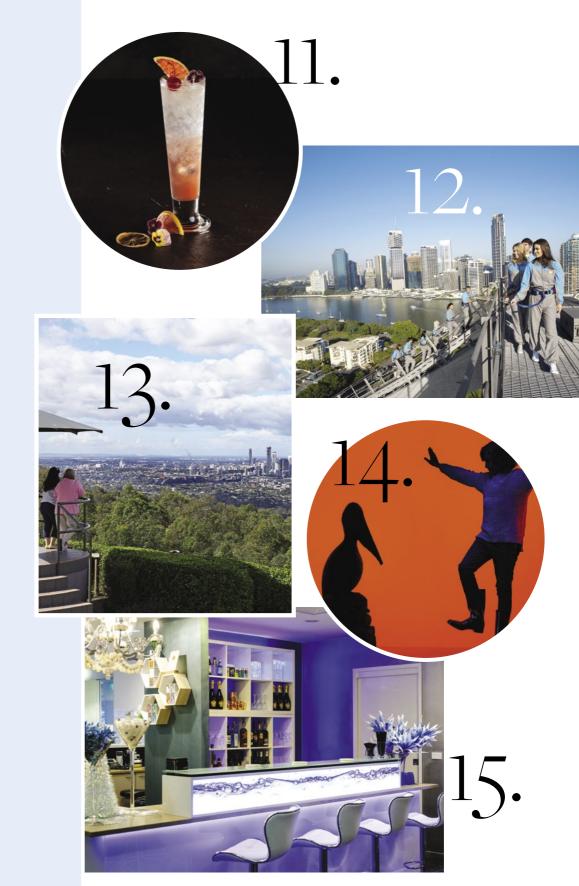


IMAGE CREDIT: BRISBANE MARKETING AND BRISBANE CITY COUNCIL

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18.



# **16.** GET SOCIAL AT XCARGO

Located in the heartbeat of Fortitude Valley, eat, drink, dine and work from Brisbane's biggest outdoor multipurpose playground!

**XCARGO** 

37 MCLACHLAN STREET, FORTITUDE VALLEY P 3180 4783 XCARGO.COM.AU

# **17.** EAT STREET NORTHSHORE

Experience a great atmosphere, live entertainment and delicious food from over 70 vendors, in particular the sensational seafood chowder back this June!

EAT STREET NORTHSHORE 221D MACARTHUR AVE, HAMILTON P 3180 4783 EATSTREETMARKETS.COM

## 18. QAGOMA

The perfect destination for people and families of all ages! Bask in the creative activities and the thought-provoking artworks that grace the walls.

QAGOMA STANLEY PLACE, SOUTH BRISBANE QAGOMA.QLD.GOV.AU

# **19.** THE WHEEL OF BRISBANE

Experience Brisbane sky high with incredible views whilst on a picnic, a birthday party, school trips and more.

THE WHEEL OF BRISBANE RUSSELL STREET, SOUTH BANK THEWHEELOFBRISBANE.COM.AU

## 20. CITY CAT

From University of Queensland to Northshore Hamilton, cruise the Brisbane River CityCats with a view that will rival that of your car windscreen.

BRISBANE CITY CAT TRANSLINK.COM.AU

enjoy!



# REAL TALK

## with Taylor Kleinberg

Lead Agent and Co-Director of Place Kangaroo Point, Taylor Kleinberg, shares his journey of selling prestige homes throughout Brisbane and how he fell in love with the city's laidback lifestyle.

How does Place Kangaroo Point stand out amongst the busy industry?

Place Kangaroo Point adheres to core values which forge the importance of true professionalism. We pride ourselves on our relationships through quality service and we always provide the best possible advice for the benefit of our clients based on their individual needs. Our reputation is unmatched in the industry which allows us to stand out amongst the rest.

Biggest career milestone? The highlight of my career has been engaging in business ownership. I still continue to work alongside my colleagues every step of the way, and even as a real estate agent I have always helped others with their career progression. Now it is a responsibility that I take a tremendous amount of pride in.

Has Brisbane always been home for you? Brisbane has been home to me since 2009 and living and selling in the Bulimba/Hawthorne area for roughly 10 years has brought me great comfort since parting from California. Brisbane is truly home to me now.

What do you love most about Brisbane?

I love the ability to bounce around the city with ease. It's beautifully designed with walkways, parks, open space and City Cats and believe it or not, there isn't much traffic... Come take a trip with me back to LA and you'll know what I mean!

Describe your perfect day in the Sunshine State? My perfect day would be getting outdoors along the Brisbane River and finding my way to a casual breakfast spot before work. Next, engaging with new clients who most often end up as friends, and then enjoying a home cooked meal and the atmosphere of our beautiful city with close mates.

What's on the horizon for you? Any exciting projects in the pipeline? Our office has extremely inspiring things on the horizon for next year and I can't wait to introduce Brisbane to some of the most impressive developments yet to be seen. I also believe in constant and never-ending improvement, so you never know what I will get up to next!

Describe the journey that led you to working in real estate? My first employer in development brokerage had the best and worst sales pitch ever! The Vice President indicated a lucrative income but 12 months before settling my first deal, the President of the company indicated the same but advised it would be 24 months before seeing a pay cheque. Surprisingly, I still took the job, and haven't looked back since.

What do you love most about your job? The social aspect of my daily routine makes my career exciting, but what is even more gratifying is helping people transition to their most important investment for their livelihood and benefit of their families.

Want to work with **Brisbane's most** professional real estate team?

0447 466 177



MADS1302

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# FRONT AND CENTRE

Whether you're a newcomer to our beautiful city or a born and raised local, there's no doubting the CBD and all it has to offer. With a vast range of shopping destinations, luxury venues, health and beauty havens and numerous dining experiences - the vibrancy and variety of the Brisbane CBD cannot be understated.

## BLACK HIDE BY GAMBARO AT TREASURY BRISBANE

It's been a big first 12 months for Black Hide by Gambaro at Treasury Brisbane.

Since opening to great fanfare in June 2018, the luxury steak restaurant has won accolades from many of the country's toughest food critics and established itself as one of Brisbane's best restaurants.

From being named Oueensland's best steak restaurant in The Courier-Mail's 2018 Delicious 100 to being the restaurant of choice for the who's who of Brisbane, Black Hide by Gambaro at Treasury Brisbane is a dining experience not to be missed. In partnership with one of Queensland's most celebrated names in hospitality, The Gambaro Group, Black Hide by Gambaro at Treasury Brisbane proudly uses world-class Australian steak produced by family-owned and integrated beef and cattle company, Stanbroke. The result? A luxurious feast for the senses with one of the most extensive selections of worldclass Australian Wagyu and Angus steak cuts, including two impeccable Wagyu cuts with a marble score of 9+.

So much more than just a steak restaurant, Head Chef Tom Mumford has also applied The Gambaro Group's 60 years of award-winning seafood expertise into a selection of mouth-watering seafood dishes and a wide choice of tantalising share plates. From tender Moreton Bay Bugs with grilled broccolini and lemon caper butter to exquisite Cotechino with lentils and apple, Black Hide by Gambaro at Treasury Brisbane's new winter menu hits all the right notes.

Overlooking the Brisbane River and within an easy stroll of the city's arts and cultural South Bank precinct, the restaurant builds on its unbeatable location with a stunning and rich atmosphere blending intricate cuttingedge design with rich worldly charm. Explore Black Hide by Gambaro at Treasury Brisbane's stunning yet intimate confines and you'll discover its striking bar featuring gunmetal steel vertical fine detail highlighted by concealed LED lighting and black and white mosaic flooring. The perfect haunt to gather the ladies and sip a scrumptious Madame Rouge birthday cocktail before enjoying a meal to remember.

BLACK HIDE BY GAMBARO AT TREASURY BRISBANE 130 WILLIAM ST, BRISBANE CITY P 3306 8888 TREASURYBRISBANE.COM.AU







## SIMPLY LASER

Owner and brow queen Leona Gallagher of Simply Laser has found a new home on Edward St, nestled amongst some of Brisbane's most premium brands. "We've been helping our clients achieve confidence through beauty enhancements for five years now. It's our turn to feel what a new aesthetic can do for our growth", says Leona. The clinic will continue to offer popular services like laser hair removal, HD Brows, Microblading, Dermapen, DMK, chemical peels, LVL lashes and skin rejuvenation treatments within an impressive eight room fit-out.

The site will also be home to Medaco: a revolutionary injectables clinic alongside power duo, Dr Emma Swan and RN Aisling

Watters. After reading the multitude

of Google reviews, this passionate team of seven are delivering on customer service and results each and every time. Oh and did we mention skin bar? Yes, your beauty dreams have been answered.

SIMPLY LASER LEVEL 4, 190 EDWARD STREET, BRISBANE SIMPLYLASER.COM.AU 07 3211 4785



FASHION 3228 0122 | COFFEE LOUNGE 3211 2797 | GIFTS & HOMEWARES 3228 0144

KERICRAIG.COM.AU



Are you bored with your current approach to training? Are you looking for something new to mix it up? If so, it might be time to add some #F45 to your lifestyle. We're no ordinary gym – we're a community focused on offering you a unique training environment where you can hit your fitness goals! We like to keep things interesting at F45 and no two days are ever the same. Get out of your rut today! Clear your mind and give yourself that boost of energy you need to power through your day, at F45!

F45 BRISBANE CITY

**BRISBANE CBD: 201 CHARLOTTE ST** NORTH QUAY: 193 NORTH QUAY (ENTRANCE ON HERSCHEL ST) P 0478 693 360 F45TRAINING COM AU/BRISBANENORTHOUAY

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quality, but also responsibly sourced. Their in-house master jewellers have been helping people mark the moments that matter with style and affordability.

ith a divine and diverse wedding and engagement range, Michael Hill's bridal collections offer a selection of brilliant styles to suit any buyer with flexible payment options making your dream purchase a reality. Many of their pieces are created in-house by their expert team of master jewellers - trained in one of the only retailerled workshops in the world. Their talented designers and craftsmen are members of the responsible jewellery council and dedicated to making their craft yours to cherish forever.

If, like many brides to be, your Pinterest boards are full of dream jewels and perfect diamond settings, Michael Hill's range is sure to bring your perfect piece to life and symbolise your love, however it bestows. When picking the right rock to have and to hold, the team at Michael Hill understand your journey is just as unique as the carefully created pieces from their bridal collections.

From timeless to romantic, classic and avant-garde, there's an array of styles to cater to every individual preference with the classic solitaire, vintage style, pear shaped, halo, side stone and cluster. But it's not just diamonds that are a girl's best friend (preach it Marilyn), with unique precious gemstones also

available, showcasing brilliant options of warm morganite, cool sapphire and vibrant emeralds. Complete your ring with their range of bespoke options of precious metals to compliment your style with sterling silver, white, yellow or rose gold to accentuate your chosen stones.

When it comes to understanding that choosing a ring is a momentous occasion, the team at Michael Hill know that your choice is a precious one that will be treasured for years to come. In order to keep your ring shining as brightly as the first day you fell in love with it, Michael Hill offers customers a professional care plan and lifetime diamond warranty, giving you peace of mind your treasured items are taken care of.

So, when it's time to start searching for a ring that's both beautiful and affordable, you'll find the dream team of Michael Hill at their flagship QueensPlaza store until August when they will be relocating to a brand-new flagship store in Queen Street Mall. Featuring four levels, including one exclusively dedicated to bridal, this new location will stock pieces from their finest jewellery collections as well as exclusive one-off pieces.

MICHAEL HILL TGL-01, 226 QUEEN ST, BRISBANE CITY P 3012 8099 MICHAELHILL.COM.AU



## **NEW SHANGHAI**

After a day of exploring the streets of the CBD, sit down and relax with some of Brisbane's best Chinese. New Shanghai has two CBD locations, each tailoring to your specific needs. New Shanghai Brisbane is located on the lower ground level of QueensPlaza and the 1930s-style restaurant will transport you to the streets of Shanghai with their handmade, signature dumplings, noodles, pork buns and other authentic meals. You can marvel at the chef's talent through the dumpling theatre, watching as they skillfully create your food.

Their second location in The Myer Centre food court is ideal for those grabbing a bite on the run. Perfect for a mid-week lunch break, this menu is specifically designed for those with a busy schedule. Traditional recipes and attention to every flavour and aroma makes either of these locations the next stop on your CBD checklist.

NEW SHANGHAI QUEENSPLAZA, THE MYER CENTRE P 3108 7652 NEWSHANGHAI.COM.AU





## **HOWARD SMITH WHARVES**

Kick off your weekend with the perfect place to eat, drink, play and stay at Howard Smith Wharves (HSW). Transforming Brisbane's historic site under the Story Bridge, the new lifestyle destination has revitalised this heritage listed landmark and turned it into a diverse, decadent and down to earth precinct.

Bring your yoga mat and start with a free community yoga class from 7-8am with Nina Lee, owner and founder of Sukhino. Post yoga, why not grab yourself a coffee and a bite to eat from the on-site coffee roastery? Next, indulge in a lovely long lunch at ARC Dining headed by Alanna Sapwell and then check into the brand new, five-star hotel on-site by Art Series, The Fantauzzo. Inspired by Australian painter Vincent Fantauzzo, the six-storey hotel boasts luxury and creativity on every level.

From there, nothing beats a laid-back afternoon of food, drinks and epic river views! HSW is hosting 'Weekends on the Lawn' every weekend from 1-8pm with live tunes, food trucks, drink carts, lawn games and a petting zoo. Finally, watch the sun go down on the deck at Mr Percival's with a



cocktail in hand or head to Felons Brewing Co. for a freshly brewed beer or an authentic wood-fired pizza. Need a nightcap? Back to ARC Dining you go – this time to the Wine Bar where you'll find an extensive list of wines curated by award winning Sommelier Ian Trinkle. Enjoy!

HOWARD SMITH WHARVES
5 BOUNDARY ST, BRISBANE CITY
P 3188 9090 HOWARDSMITHWHARVES.COM

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Located on Adelaide street, the Brisbane city hotspot, Motorwagen, has just launched a new a la carte and bar menu. With options for every palate from their gorgeous weekday breakfasts through to the quick bar lunch or a longer lunch with a bottle of wine from their impressive selection. Make a night of it on Fridays with live music on the terrace and a cocktail or craft beer in hand and then stay on for dinner. Perfect!

300 ADELAIDE STREET, BRISBANE CITY
P 3221 6264 MOTORWAGEN.COM.AU



You will literally be on Cloud 9 at The Myer Centre with the launch of their seriously 'grammable space. Better yet, you can be rewarded for getting the ultimate gram with a \$50 gift card to win each week! Simply capture a creative Cloud 9 shot, upload to Instagram, tag @themyercentre and hashtag #MyerCentreCloud9. Running daily on Level 2 near Best & Less from 10am-5pm until the end of August. Ends 31/8/19 5pm AEST. T&Cs apply.





## AN OASIS OF TOTAL RELAXATION

Stretch out in the 22-metre heated lap pool and treat your muscles to a hot and cold magnesium plunge pool session. Sweat out

the flu-blues in the Turkish steam room and Finnish dry sauna, all with your own complimentary bath products, towel and locker, meaning you can spend the day and come and go as you please. Feel like a workout before a sauna session? Guests are welcome to train in the fully equipped health and fitness club, or simply choose to chill out in the Zen room and relax on a lounger, listening to soothing sounds using headphones.

The fully licensed Aquarius Spa Bar offers beer, wine, spirits and cocktails for those seeking refreshments; you can also purchase herbal teas, espressos, protein shakes and cold-pressed juices from the Organic Café. Calm your mind and body with a 60-minute hot oil relaxation massage from 7am to 9pm, Tuesday to Friday for only \$89, or if it's hydration you're in search of during the cooler months, one of their signature facials is the perfect solution.

The rejuvenating Waterlily Spiced Maple Spa Facial is anti-ageing and brightening, featuring an intense 60-minute infusion of keratin, rich pumpkin and pure maple syrup layered in Omega serums – all for only \$140. Have an event coming up? Why not celebrate and pamper yourself in our award winning, world-class luxury spa. Simply email or call and Aquarius will do all the work for you.

AQUARIUS HEALTH AND MEDISPA LEVEL 2, 70 MARY STREET, BRISBANE CITY P 3003 4000 AQUARIUSHEALTHMEDISPA.COM.AU

# FORKTALK

The freshest spots in Brisbane City worth wining and dining at.



## Osbourne Hotel

Passionate Head Chef, Ben King, has just launched the new autumn menu at The Osbourne Hotel and we can safely say it's a flavor explosion! Featuring fresh seasonal products alongside their old menu favourites, it's a must try this month.

OSBOURNEHOTEL.COM.AU



## Jugar

This is one playpen where the adults won't mind supervising. Jugar is a new modern space crafted for children and families to eat, drink and play in style. They're serving up delectable food for the fussy eaters both small and tall in West End. Photography by Alanna Jayne McTiernan.

JUGAR.COM.AU

## Signature

Signature is a contemporary dining experience that has just opened its doors at The Emporium Hotel in South Bank. Led by a culinary husband and wife duo, their global experience has been showcased in this innovative menu, boasting modern Australian cuisine.

EMPORIUMHOTELS.COM.AU



## Mr Luxford's

With their grand opening last month, Mr Luxford's Bar and Kitchen are the new kids on Roma Street. Paying tribute to the building's original owner, Mr. Sydney Luxford, it's a peaceful sanctuary in the city for cocktails and modern Asian-fusion bites

MRLUXFORDS.COM







**SAT 15** & **SUN 16 JUNE 2019** 

**BRISBANE CONVENTION & EXHIBITION CENTRE** 

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Simply Wizes

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## MEET Siobhan Bickle

She's the owner of multi awardwinning lifestyle businesses, Victoria Park Golf Complex in Queensland and Halcyon House in New South Wales. Now, Brisbane born entrepreneur and mother of five, Siobhan Bickle, shares her journey so far and advice on building strong businesses that bring enjoyment to thousands of Australians each year.

#### What inspired you to start Victoria Park Golf Complex and Halcyon House?

Both businesses were born from dreams of creating something unique and something that was lacking in their respective markets. I wanted to be in charge of my own career and create businesses that focused on leisure and enjoyment.

How do you juggle being at the head of two successful businesses and a family of five at the same time? I am fortunate to have great managers who manage business day-to-day operations. Both businesses welcome thousands of visitors each week so they require strong motivated teams to meet our customer needs. This enables me to take a strategic role, focusing on what's next and potential growth opportunities. My five children do keep me very busy and it is a juggle. I do find myself up late catching up on emails and jotting down new ideas to discuss with my teams the next day.

### What is it like working closely with your sister, Elisha Bickle, in business?

I love it. Elisha and I are very close, so creating Halcyon House together was a dream. We actually tend to agree on most things, but when we don't, we always find a path forward together. We have different strengths and appreciate this about each other. Elisha is an amazing organiser, which I am not. Her ability to organise me and tolerate this about me is a godsend. Working with my sister means I get to see her a lot, which makes me happy and very fortunate.



#### Any advice for new business owners?

I think to be successful in business ownership, you need to be conscious of your own skill areas and be prepared to surround yourself with great people that have different skills to your own. They will need to have an understanding of your vision but then be empowered to use their skills to bring it all to fruition. It is also important for your business to be always improving and evolving.

READ MORE ONLINE



1. Australian Skin Institute Hydralift eye gel 30ml \$99.95 2. Adore Beauty Aspect fruit enzyme mask \$59 3. Edible Beauty Australia Belle Frais Cleansing Milk \$59 4. Nourished Life The Beauty Chef Well Spray \$29 5. Elle Effect Tan Kit \$54.95 6. Go-To Skincare Face Hero Go-To Skincare \$45 7. Adore Beauty Lanolips Rose Hand Cream \$16.95 8. David Jones Kora Organics Noni glow oil \$79.95 9. Rationale Immunologist Serum \$17 0. Nourished Life Ere Perez Pure rice powder \$44 11. Ultra Violette Queen Screen \$47 12. Mecca Maxima Mecca Max Selfie Skin \$28 13. Adore Beauty Kevin Murphy Plumping wash \$43.95 14. Mecca Cosmetica Lip De Luscious in Nude Mecca \$30 15. Priceline Luma Beauty Glow stick in blushed nomad \$29.95

12.

BODY

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## An epic journey

From a small salon in Kenmore in 2008, to 15 salons throughout Brisbane, Brendon Mann is making strides in the hairdressing industry, one perfect colour at a time.

How did you find yourself in the bairdressing industry? I come from a hairdressing family and have always been a fan of the industry. My passion has always been leadership from a very young age, and I enjoy creating and being a part of successful teams. I love that the industry is very social, both in the salon and out of the salon. We get to meet so many amazing people in this line of work. Your first salon opened in 2008 in Kenmore. Tell us about the growth of the business since then: When we started the Kenmore salon it only had three hairdressers. Over the two years I had that one salon it grew extremely fast - it's still our biggest salon to this day. In 2010 we opened our second salon and now have 15 throughout Brisbane with well over 100 stylists. We've had most of our growth over the last two years and are showing no signs of slowing down. Has Brisbane always been bome for vou? I was born in Brisbane in 1980 and have lived here for most of my life. Just before I started the first salon in 2008, I lived in Cairns for two years, however, I always wanted to come back home - now I can't see myself ever leaving!

What makes Epic Hair Designs stand out from its competitors? From the start we have always focused on offering Brisbane's best hairdressers at an affordable price. Our salon experience is luxury without the price tag. Real training has always been a huge priority, which we are very well known for in the industry.

The Epic Hair Designs team recently returned from Sydney Fashion Week. Tell us about that experience: We were very lucky to have been a part of this year's Carla Zampatti show. Each year, a team of our stylists go to Sydney to help create the runway looks. Being a part of something so iconic is very motivating and inspirational for our team.

Fast forward five years. What does that look like for you and the Epic Hair Designs team? Continual improvement on everything from our client experience to our already amazing hairdressing skills. I am sure a few new salons will be on the horizon, however, we do have plans to open a bar at some stage down the track, too!

**READ MORE ONLINE** 





### BOOK ONLINE AT ANY ONE OF OUR 15 SALONS

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EPIC HAIR

## Wake up with makeup

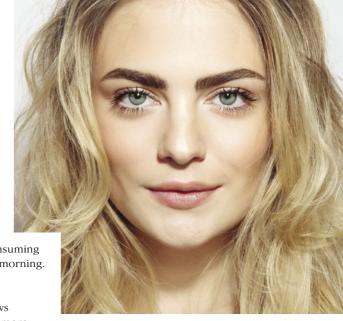
A lick of mascara and some illuminating cream is all you'll need after Brazilian Beauty's Feather Touch Brow Tattooing. Feel bright and confident from the minute you wake up!

To all of the ladies with full, fluffy brows reminiscent of Cara Delevingne you're the fortunate ones and the rest of us are in awe. For those of you who might've gotten a little too tweezer-happy in the past and have been left with sparse, oddly shaped arches – this one's for you.

The right eyebrow shape can transform a face dramatically. Thinning brows can lead to a visual narrowing of the face, resulting in an aged appearance while arches that angle downward can bring features down. The solution? We fill them, powder them and brush them into place each day in the hope that we don't mistakenly wipe them off in the office. Where is the compromise? Don't lose

beauty sleep to allow for the time-consuming process of filling in your arches each morning. Wake up with makeup instead!

Feather touch brow tattoos are a natural enhancement of your eyebrows that create the illusion of a fuller and more defined shape from the application of individual hair-like strokes. The experienced ladies at Brazilian Beauty can even help you to determine which shape will enhance your features and suit your skin tone and they last for up to 24-months. The Brazilian Beauty babes also know that our brows are a sensitive area of the face which is why a topical anaesthetic is applied to make sure you stay comfortable throughout the procedure.



Fun fact: Unlike a normal tattoo, Brazilian Beauty's Cosmetic Tattooing uses pigment, not ink. It can therefore be customised to suit skin tone and hair colour.

Combine feather touch brows with a killer skincare routine and a lick of mascara and you'll feel more confident wearing minimal makeup knowing your eyebrows will always be perfect.

BRAZILIAN BEAUTY P 3357 4081 BRAZILIANBEAUTY.COM.AU

SPF 30 \$14.95

## OFF DUTY

Welcoming the newest journalist to our team, the lovely Fiona Williams. She's a beauty fanatic and kindly shares all her skincare secrets with us and let's us in on all of her go-to faves!

What do you look for in beauty products? I look for something that suits the season. Right now in winter I love a deeply nourishing and hydrating moisturiser with antioxidants, vitamin E and vitamin C and intense serums with hyaluronic acid.

What beauty product can you not live without? My facial cleansing brush and micellar water. I use these products daily in conjunction to clean as much makeup off my skin at the end of the day.

What products do you carry in your bandbag / use daily? Lanolips tinted balm - the most hydrating balm I've ever tried and I love it because it's tinted and gives you some colour. I use the Rose shade.

A pinky nude lip - since I've hit my 30's I

find that I need a bolder lip to feel a little more 'done' during the day or when I'm going out. Fragrant roll on oil - for a little pick me up. Does water count?

**Go-to winter beauty MVP?** A facial oil! Honestly, before Zoë Foster Blake told us to drizzle it on our faces, what on earth were we doing?

What was the last beauty product you purchased? NARS liquid blush (Orgasm)
Beauty product you can't wait to get your bands on? Charlotte Tilbury Eyes That Mesmerise in rose gold

Fave place to buy cosmetics? MECCA, QueensPlaza, Wintergarden and Priceline. Fave Aussie beauty product? Jurlique Most repurchased product? It's a close call between rose hip facial oil and NARS sheer glow foundation.

What's your favourite beauty back?
Tubular mascara - I have no time for panda eyes.



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# Treat your legs this winter...

Varicose vein treatment can happen at any time throughout the year. However, you may not know it, but winter is the most popular time for patients to start their journey to lovely looking legs. If you have ever contemplated getting your leg veins looked over by a professional, Dr Nicholas Kemp highlights some of the reasons why bookings get busy in Brisbane this month.

#### Keeping cool:

Almost all of the vein treatments require you to wear compression stockings following your procedure. Studies have shown that these graduated support socks reduce swelling and promotes healing which means better results. These days there are a range of styles and colours to choose from to match your outfit but the downside is that they are warm to wear. Trust me - completing treatment before those 35 degree January days makes for a much more comfortable recovery!



The benefit of modern vein procedures is that you can have them done in your lunch break and no one is any the wiser. You can drive home and go straight back in to daily activities with just a short break on intensive fitness regimes. However, post procedure you can expect some minor bruising and swelling. So what better excuse to put on trousers or a maxi skirt and keep the evidence hidden!



Many patients require multiple treatments in order to get optimal results and sessions are usually spaced 6 weeks apart. At The Leg Vein Doctor we have a strict policy of reviewing patients up to 12 months post procedure in order to ensure successful closure of the veins and patient satisfaction. The sooner you come in, the quicker you will be finished; ensuring that your legs are ready to show off for that first weekend away at the beach.

THE LEG VEIN DOCTOR
465 MILTON RD, AUCHENFLOWER
P 3720 9912 THELEGVEINDOCTOR.COM.AU

## Nailed it!

Nails. They're what we see when we shake hands, when we gesture or express ourselves. Lovely looking nails speak of care, attention to detail and good grooming.

Brooklyn Beauty Bar are on a constant search to find the perfect products for their clients but sometimes, to get what they want, it seems sisters just have to do it for themselves! So, Brooklyn Beauty Bar has invented... drum roll please... the ProMani. The ProMani is a unique infusion of protein and keratin to strengthen and condition the nails, combined with a special structure gel that increases flexibility and support. This designer manicure is available exclusively at Brooklyn.

Brooklyn Beauty Bar tells us their customers are finding the results of the ProMani is less damage and more nourishment to their nails, combined with longevity that is second to none and a gorgeous but natural look with a contemporary range of colours. The ProMani ensures nails are always both beautiful and healthy with the following benefits:

- Longevity (up to 21 days)
- Flexibility (meaning fewer breaks)
- Strength (more support for your nails)
- · Nourishing with both keratin and protein
- · Less damage to your nails
- · Natural looking
- Contemporary colours

BROOKLYN BEAUTY BAR 5/15 JAMES ST, FORTITUDE VALLEY & 61 PETRIE TCE, THE BARRACKS P 0421 202 447 BROOKLYNBEAUTYBAR.COM.AU



### **EXPERTS**



PLASTIC SURGERY with Dr Raymond Goh



## Breast implant lifespan

I often get asked when breast implants need to be replaced. I begin by explaining the vast improvements in breast implant technology over the years. Breast implants are still manmade, and thus can never be considered lifelong devices and will not stay perfect forever.

There is a popular and highly circulated belief that breast implants need replacement after 10 years. This is not entirely true. A percentage of breast implant patients at the 10-year mark may require revision surgery either because of implant-related issues (such as rupture, leakage, or implant movement), or patient-related issues (such as scarring around the implant, tissue thinning, and skin stretch).

However, if there are no symptoms or clinical findings suggestive of a problem, implants at the 10-year mark or even beyond can be left alone. If a patient has any concerns after breast augmentation, they should consult either their GP or plastic surgeon.

VALLEY PLASTIC SURGERY 51 BALLOW ST, FORTITUDE VALLEY P 3488 8118 VALLEYPLASTICSURGERY.COM.AU



STYLING TIPS with Mark Ferguson



## Staying stylish this winter

There's no doubt many of us Brisbanites can struggle with a change of season.

With our quintessential Queensland homes built for balmy days and the summer attire to match, our climate deserves a truly bespoke winter wardrobe to keep us warm.

Lined jackets, rich colours and warm textures are the perfect sartorial statement to add to your wardrobe for winter; with bold colours and patterns able to brighten up any outfit.

Investing in these quality pieces by expert clothiers can give you the opportunity to layer and style your own way, getting the most out of each outfit and lasting for years to come. By choosing these subtle yet textured pieces, you can effortlessly layer your favourite winter accessories from leather gloves to oversized scarves.

Winter is our favourite season for pushing fashion boundaries and making bold choices.

WIL VALOR 300 GEORGE ST BRISBANE QUARTER, CBD P 1300 309 272 WILVALOR.COM.AU



SPECIALTY COFFEE with Penny Wolff



## All about alternative milks

From dietary requirements to mixing up your morning brew, these days coffee consumers are changing up their cow milk options. Between bad tummies, ethical dilemmas, allergies or simply just the taste, quality milk made from plants, nuts and soy are becoming increasingly popular!

At Wolff Coffee Roasters, we proudly use Oatly, Bonsoy, Zymil and Almond Milk for our customers who prefer dairy-free alternatives.

It's important to select milk that compliments our single origin and blend roasting styles and that textures beautifully through the heating process when perfecting our handcrafted barista-made coffees.

Pouring awesome latte art using alternative milks is now much easier for highly skilled baristas. Today baristas have access to state of the art espresso machines and can therefore customise their milk texturing depending on the milk type.

WOLFF COFFEE ROASTERS, COFFEE WORKSHOPS 140A GERLER RD, HENDRA P 3267 5551 WOLFFCOFFEEROASTERS.COM.AU

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RELATIONSHIP ADVICE

with Paul Baker



## Is there a better way to manage conflict?

Sometimes it's hard to manage conflict with your significant other. It's painful and can take a harsh toll on the relationship if it isn't done right. While conflict might be a part of every relationship at some point, anger doesn't have to be. Contrary to popular belief, "expressing" your anger is not helpful. This can lead to acting out, venting and ranting.

The best way to resolve conflict is to talk it through, describe what you're feeling and why. Describing takes emotional distance and using your intellect, patience and restraint to present a level-headed description of your feelings. Don't dredge up issues from the past. Stay focused on what is happening in the now. Self-discipline is a skill that needs to be practiced. You will soon find that you improve your life and relationship, experiencing fewer conflicts and fights in general.

PBR COACHING 8 HURST ST, GORDON PARK P 0432 071 005 PBRCOACHING.COM.AU



**ORAL HYGIENE** 

with Dr Anne-Maree Cole



### Hidden sugars behind decay

It's no secret that the hidden sugars in western diets cause not just obesity but dental decay. Sugar appears in many forms, so being aware of what you're consuming is the best way to improve your dental hygiene. Dental decay is created by a perfect-storm environment in your mouth.

To avoid bad bacteria forming, you need to limit your sugar intake. To do this, you should try to avoid consumption of soft drinks, sports drinks, smoothies and dried fruit as well as mouth breathing, all of which can lead to bad bacteria forming. The areas most prone to decay are in between teeth and on chewing surfaces.

Sealants can help prevent molar decay while flossing daily protects the spaces between your teeth.

Now is the best time to start being proactive about the health of your teeth, as prevention is always better than a solution.

JAMES STREET DENTISTS 151 ROBERTSON ST, FORTITUDE VALLEY P 3257 1577 JAMESSTREETDENTISTS.COM.AU



**VARICOSE VEINS** 

with Dr Nicholas Kemp



## How to travel mindfully

Mid way through the year, most of us Aussies decide to escape winter and venture off on a holiday to somewhere a little more tropical. Think sunny LA, Bali or the Amalfi Coast. Whilst travelling is always exciting, long-haul flights and incorrect footwear can cause unwanted swelling in your legs and even worse, pesky spider and varicose veins.

Remember to always get up from your seat and walk up and down the aisles to stimulate blood flow and avoid veins developing. Wear flat and supportive shoes whilst walking around on your vacation, do light exercise to keep the blood circulating and most importantly, stay hydrated!

Staying cool is also important as excessive heat can expand and cause stress on the valves in the veins. Swimming or indoor yoga can help combat this by promoting blood circulation without exposure to excessive heat.

THE LEG VEIN DOCTOR 465 MILTON RD, AUCHENFLOWER P 3720 9912 THELEGVEINDOCTOR.COM













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## Girls Just Wanna Have Fun At Ruby

You've heard it before, and you've absolutely sung along to it. Arguably the unofficial anthem of women around the world, Cyndi Lauper knew she was onto a good thing when she released 'Girls Just Wanna Have Fun'.

From the early stages of sending the hopeful group message, to locking in a date and putting a note in the calendar marked weekend away with the girls, there's always a buzz of excitement that surrounds planning a 'Girlcation'.

If, like many groups of gal pals, you're all part of the exclusive club of indecisiveness then we may have the perfect solution. The Ruby Collection is helping a sister out by offering a 'Girlcation' package that includes delicious dinners, some refreshing bevs and plenty of fun activities to keep you and your

squad entertained all weekend.

Picture you and your besties strolling through the Gold Coast's best shopping precincts, lazing by the pool wine in hand and watching the sunset as you laugh about all of your past weekend getaways. Wait, when was that?!

If you still need convincing, the statistics will tempt you even more to treat yo'self to a girly weekend away, after recent studies revealed a getaway with your gal pals is actually beneficial to both a female's mental and physical health. Preach! Also, where do we sign

up for future studies?

Don't put it off any longer, book in a weekend with The Ruby Collection online now at therubycollection.com.au. From the words of one boss lady to another, 'Maybe our girlfriends are our soul mates and guys are just people to have fun with' - Carrie Bradshaw.

THE RUBY COLLECTION
9 NORFOLK AVE, SURFERS PARADISE QLD 4217
P 5689 4300 THERUBYCOLLECTION.COM.AU





Brisbane BMW



# Small Town Charm

Stylers Kiri and Tracy spent an adventurous 24-hours in the Byron Bay hinterland region. Their exclusive tour by a group of friendly and talented locals saw them experience the flavours of the region, award-winning restaurants and sensational shopping. But what really stole their hearts was the charming lil' town of Newrybar.

ast month, we were kindly invited to Byron Bay to experience all things local. With a jam-packed schedule, there was no time to dilly-dally, there was exploring to do! Eat, shop, sleep, wake up and repeat!

#### **ELEMENTS OF BYRON**

We start our stay by checking into the worldclass resort which is home to over 200 eco-friendly private villas, fitted out with deep bathtubs, fireplaces and luxurious soft furnishings to make you feel right at home. Located only a short stroll from the beach and surrounded completely by lush nature, it's easy to unwind and feel relaxed instantly here. Outside, their incredible lagoon pool features private cabanas and hanging day beds, alongside an adults-only pool with a swim-up bar, poolside cocktail service and Mexican cuisine bites. It's absolute luxury.

#### HARVEST NEWRYBAR

After checking in at Elements, we were greeted by Tristan Grier, owner of Harvest, along with his business partners Kassia Grier and Brooke Hudson. Tristan picked us up in his 4WD and we head up to Newrybar, as he tells us all about the epic night we were in for! Next, we



take a tour of the Queenslander-style property which includes a restaurant, bakery and deli. Harvest's deli is filled to the brim with quick and easy meals, barista made coffee and sweet treats, ready-to-go hampers, and stocked with a huge range of locally made products for purchase. Their infamous bakery has a 116-year-old wood-fired oven, (which was once the town's communal kitchen), and let me tell you, the pastries that come out of there are out of this world!

Although Harvest is known for serving up traditional country-style lunches and breakfasts, each Wednesday they host a 'Wild Harvest Night', where they launch their weekly menu alongside a special guest chef. We were lucky enough to be treated with a special appearance from renowned chef Ben Shewry (Melbourne's Attica restaurant), who joined Harvest's Head Chef Alastair Waddell and wild food researcher Peter Hardwick. It's safe to say,





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we were in for a treat!

We watched the chefs prep and plate up entrees - which was like watching Masterchef in real life - the focus and energy from the chefs was palpable! We enjoyed many extravagant dishes including iconic Aussie treats like Vegemite scrolls, plus delicacies such as yeasty bread with ngerdi (green ants), flavoursome potatoes cooked in kelp (a crowd favourite), spanner crab followed by fingerlime and sugarbag with wild Brazilian cherry and bunya for dessert. Each dish was carefully paired with a selection of fine wines and honey mead. We were also thrilled to have experienced the debut of Aurum Mead, which is made locally by Frenchman, Louis Costa - the most humble and passionate mead maker in all the land!

The restaurant was filled with special

visitors, local business owners and regulars that dine in weekly. The energy was electric with people from all different tables chatting and laughing the night away. We enjoyed five hours and about eight courses of fresh gourmet goodness. It was a truly unforgettable evening!

#### **FORAGING TOUR**

The next morning, we had a one-time-only foraging tour on the agenda that was put on just for us! We were especially excited to learn more about what our great land has to offer.

We learnt that each dish at Harvest features exotic herbs and plants handpicked by local forager Peter Hardwick, who works alongside the chefs to bring fresh ingredients to a menu that's full of local curiosities. Although we can't give away any details on where we explored, we got to try some edible plants that certainly inspired us to be more creative in our own kitchens!

When Pete isn't busy picking, he's in his lab creating and brewing his very own blends of oils, fermented dressings and kombucha vinegars for Harvest's deli section; our favourite was the mushroom kelp vinegar... we've never met anyone more passionate about fermenting!

#### **BARRIO EATERY & BAR**

Located in Byron's relatively new Habitat





precinct, the Argentinian flavours of this restaurant were next level! We shared plates amongst the eight of us, so we got to try everything on the menu – literally! From chickpea bread and blackened eggplant, to cuttlefish and charcoal chicken, we left with very full tummies. To complement these dishes, we enjoyed Bucha kombucha on tap, Aperol Spritz and bubbles, because... Why not! Spanish for 'neighbourhood eatery and bar,' Barrio has a laid-back, yet buzzing vibe and relaxed décor which is the ideal spot for a weekend long lunch with friends and family.

Jump online and find out about some more Newrybar treasures that we discovered on our trip!

**READ MORE ONLINE** 





Contemporary, sexy and uber-cool. This is where rock stars and concert-goers alike stay, within Brisbane's most loved concert venue, writes Tracy Sinclair.

ersonally, I think the Eaton's Hill Hotel should have a five-star rating instead of four, to represent the rock 'star' element of this outstanding property. Here's my review, broken down by, umm, song title... (what else?!).

#### **EASY - LIONEL RITCHIE**

My family and I check in. We're all together to enjoy the Fat Freddy's Drop concert that night. We arrive by car, but it's good to note that there's a chopper pad for next time. The hotel's position is just magic - right in the heart of the Eatons Hill entertainment precinct. We literally only have to walk out of the lobby and across the driveway to get to and from the gig. No tackling the crowds and waiting for Ubers. Also attached to the hotel is a supermarket, bottle shop, chemist, massage spot, nail boutique, and various eateries - so it's super convenient to grab a toothbrush, and pre-party beers and snacks. Everything is easy. Like a Saturday afternoon... before a gig.

#### ALL THE SMALL THINGS - BLINK 182

Sure, your average rock star expects top quality facilities and service, however you don't have to be a rock star to receive first-class treatment here. The hotel team is friendly, experienced

and they anticipate your every need, under the guidance of General Manager Murray Rowbotham. Whatever you need, just ask and they'll sort it.

Owners, The Comisky Group, have put convenience and luxury to the forefront when developing the accommodation for their entertainment precinct. The architecture is stunning and the decor perfectly glamorous. With several casual dining options, function spaces, bars and a nightclub available, you can simply charge everything directly back to your room. It's these small things that make your stay so seamless and enjoyable.

#### ART FOR ART'S SAKE - 10CC

Actually, it definitely wasn't a case of art for art's sake, but I couldn't find a better arty song title. Australian artist Andrew O'Brien was commissioned to create the impressive collection of artworks throughout the hotel. Each piece has been thoughtfully considered and curated - providing unity and coherence and contributing to the stunning end result.

Andrew's love of colour is evident. All of his works are inspired by "abstracted landscapes, particularly of outback Queensland.

#### LONG VIEW - GREEN DAY

Upon opening the door to our room, we were blown away! Through a huge glass window, we could see the whole outdoor venue and watch the roadies setting up. It was fascinating and a real behind-the-scenes birds-eye view. When you book, ask for a room overlooking the concert venue. This is THE position to be as you sip on a pre-concert drink in your room and watch the band do their sound checks. We're super pumped as we watch the crowd below us swell and the music gets louder as the support band warms everyone up. It's a cracker way to start the night!

#### **READ MORE ONLINE ABOUT TRACY'S STAY** EATONS HILL HOTEL & ACCOMODATION

640 SOUTH PINE RD, EATONS HILL EATONSHILLHOTEL.COM.AU P 3325 6777





### What was the catalyst that made you start DIY fashion?

I've always been obsessed with making and creating, particularly when it comes to fashion — as a child my parents actually had to put a lock on my wardrobe to stop me changing outfits every hour! My website started as purely DIY fashion, but over time it has grown into a lifestyle website covering all areas of making your life.

### What is it like to live between Brisbane and Hong Kong?

I like to think it's the best of both worlds - the chaos and energy of Hong Kong and the laid-back lifestyle of Brisbane. I feel really lucky to be able to experience both. That said, I'm excited to be planning to spend more time in Brisbane in the next few years! I couldn't think of a better place to bring up a family.

#### Best part about your job?

Honestly, I just never thought it would be possible to have a career where I get to come up with different ideas every day, and spend

## Geneva Vanderzeil

We sat down with the founder of A Pair & A Spare, to find out what makes this fashionista tick.

@apairandaspare apairandasparediy.com

my time working out how to make them a reality. But without a doubt the best part is the readers and followers who connect with me and share their lives and projects.

### What (or who) motivates you?

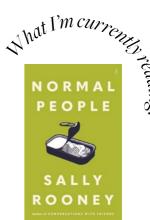
Definitely the community of readers that motivate me to keep experimenting and challenging myself and what we do on my site. I'm also a huge goal setter and spend a few weeks at the beginning of each year planning what the year will hold.

### What is it like juggling your own business with a new bub?

It's a juggle for sure! But to be honest, life didn't change as much as I thought it might, and in many ways, I've become more productive and focused in the time I get.

# You have just undertaken a seriously amazing renovation on your #bestendhouse - what is your favourite aspect?

I think my love of making and creating is all about being addicted to a before and after - that process of seeing a major transformation. So, taking a terribly run-down Queenslander and completely making it over was one of the most satisfying things I've ever done.



#### Favourite DIY of all time?

Oh wow, that's a hard one! The renovation is up there as a favourite, but at the same time I also have an appreciation for small, completely do-able projects too. I made a wardrobe by taking apart a ladder and that sticks in my mind as something innovative that everyone can do, which is something I love.

### What book and/or podcast are you listening to right now?

Currently reading 'Normal People' by Sally Rooney. I'm gearing up to launch my new Brisbane book club and considering this one as the first book! Stay tuned on that.



